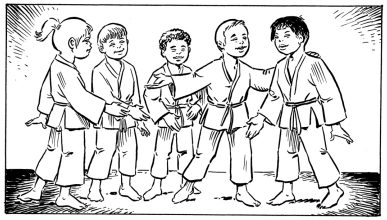
Le code moral du judo



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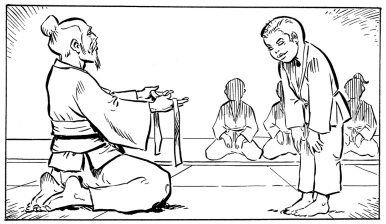
L'amitié



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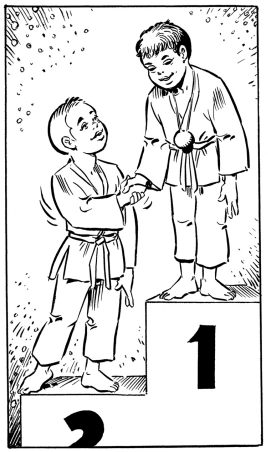
L'honneur



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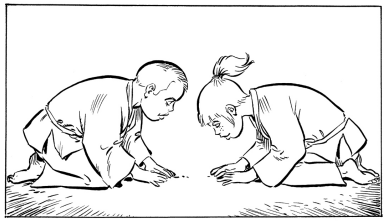
La modestie



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La politesse

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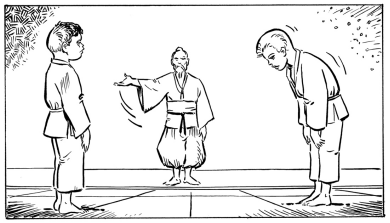
La sincérité



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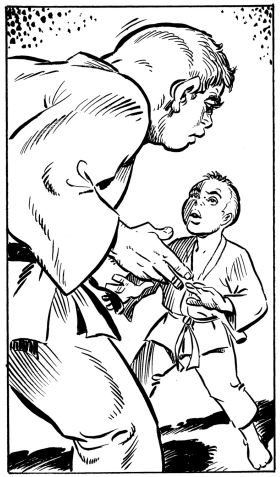
Le contrôle de soi



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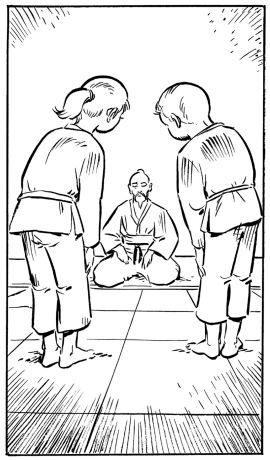
Le courage



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Le respect